

free  
confidential

The work of **LaWeGa** counseling center  
is funded by the Ministry for Social Affairs,  
Health and Equality of Lower Saxony.



**Help and advice**  
for dealing with  
violence, threats and stalking

counseling center LaWeGa  
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[www.landkreis-wesermarsch.de/  
verwaltung-politik/gleichstellungsfragen/  
beratungsstelle-lawega.php](http://www.landkreis-wesermarsch.de/verwaltung-politik/gleichstellungsfragen/beratungsstelle-lawega.php)

violence stalking  
threats  
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threats stalking  
stalking violence

Stand 2020

# Help and advice for dealing with violence, threats and stalking!

## 04401 – 927 436

Wesermarsch Office for Women's affairs  
can help you –  
quickly and without lots of paperwork.  
At our counseling center for violence against  
women, **LaWeGa**, you can contact us  
– by telephone or in person –  
if you have been a victim of violence.

We will lend you a sympathetic ear  
and help you work out  
what you can do  
to improve your situation.

We can inform you  
about your legal rights  
and where you can get help.

If you want to talk  
about your relationship,  
you can also contact us.

## We're at your service:

From Monday to Friday  
between 10 am and 12 pm  
at the Kreishaus Brake,  
Poggenburger Straße 15,  
Room 145.

You can also make  
an appointment in person  
or by phone.

You are welcome  
to leave a message on our  
answering machine.  
We will call you back.

If you cannot come to Brake, you can also  
request a consultation in your area or town.  
Give us a call.  
The consultation is free and confidential.  
The consultation will be in German.  
If necessary, we can arrange an interpreter.

**Telephone 04401 / 927 436 or  
04401 / 927 366**

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